



# SESSION TIMETABLE

Monday	Tuesday	Wednesday	Thursday	Friday
Studio Open for Private 1:1 Enquire for available times.	Studio Open for Private 1:1 Enquire for available times.	07.40 – 08.40 Group Mat Truro	Studio Open for Private 1:1 Enquire for available times.	Studio Open for Private 1:1 Enquire for available times.
		9.30 – 10.30 Group Mat Chycara		
		Studio Open for Private 1:1 Enquire for available times.		
16.00 – 17.00 Group Mat Truro FULL				
18.00 – 19.00 Group Mat Chycara				
19.45 -20.45 Group Mat Truro FULL	18.00 – 19.00 Group Mat Chycara			